



Welcome to the 2016 Super Hero Rally! We are thrilled you are joining us at this unique event!

Please take a minute to check out our sponsors who have helped us bring this event to you.

Unless otherwise noted, events are hosted at Rally Central (the barn) See the Rally Daily Events Board at that location for the most updated schedule.

### 2016 Super Hero Rally Schedule of Events

#### **Day 1: Thursday the 23rd**

11:00 am Charter/Lifetime Family Breakfast Charter and Lifetime Member Families: Join us at Rally Central for light refreshments. We'll bring you up to speed about all the exciting things happening in the future for FtF!

1 pm General Rally Registration and Craft

Meet Erica Thomas at the Rally Central to pick up your welcome packet, t-shirts, Put your name in the hat for prizes, etc., and sign up for activities and volunteer opportunities.

Family Super Hero Cape and Cuffs Craft

Meet Heather Gebbia at Rally Central

Kids: create a cape and cuffs and establish your Super Hero Family Identity/Alter Ego

Create your Super Hero Emblem, Super Hero Names, Powers. You'll be revealing your Super Hero Family Identities at the Dance on Saturday night!

4:00 pm Super Hero Tie Dye Party with Jen Smith and her lovely daughter Leila.  
Bring a plain white t-shirt or your rally shirt, or make a cape out of an old t-shirt and bring it to our Tie Dye Party.

<http://www.clumsycrafter.com/.../t-shirt-super-hero-capes-no.../>

7:00 pm Family Meet & Greet – Dessert Party at Rally Central  
Bring a dessert to share, drinks will be provided.  
Come prepared to make new friends!

Bring your camping games and hula hoops if you'd like, we'll have Ladder ball and a hoop and ball, kick ball

8:00 Light up water bottle bowling at dark

### **Day 2: Friday the 24th**

10:00 am Round table discussions - Bring your coffee to Rally Central and choose your discussion preference of with Tech Talk (Hosted by Pieter Baksteen) or Curriculum Idea Exchange (Need Host)

10:00 Super Hero Scavenger Mission for kids (need 3 teens to run event) Meet at Rally Central for your Mission Assignment sheets.

Find the hidden Super Hero Emblems around the park. Bring your completed Mission Sheets back to Rally Central for a prize and face painting party.

11:00: Teen Gamer time! Bring your Surge protectors and cords and technology and meet with other Teens/tweens to play virtual games of your choosing. (No M rated games please)  
(Need a Volunteer tech-y Teen to head this up. \_\_\_\_\_)

2:00-4:00 Superhero Circuit/circus (families) Obstacle course and prizes  
Everyone is welcomed to put your super powers to the test!

- Web slinging station (Run by Aiden)
- Super hero strength training (Run by Jacob)
- Hawk Eye Challenge (Run by Jacob)
- Shield throwing station. (Frisbees painted like shields have to make it into the boxes or rings.)  
NEED A VOLUNTEER \_\_\_\_\_
- Destroy the bombs (water balloons on the grass)  
NEED A VOLUNTEER \_\_\_\_\_
- Escape the spiders web (Run by Aiden)
- Super Hero Craft Create a mask or a shield  
NEED A VOLUNTEER \_\_\_\_\_

6 pm: Soup /er Salad Potluck at Rally Central

Rally Families with last names A - L Please bring a soup / stew or chili to share - should feed 8 - 10 people

Rally Families with last names M - Z Please bring a salad to share - should feed 8 - 10 people.

FtF Explorers see your handbook for this badge earning opportunity.

After Potluck Super Family Kickball

Let's break up into Super Heros vs Villains and have a kick ball game! Winning team rules the world!

- Light up water bottle bowling at dark

7:30 Yogi's Hay ride and Smore's Party

Sundown....Movie at the Thomas rig! Avengers? Sky High? The Incredibles?

(Sundown is around 8:45)

### **Day 3: Saturday the 25th**

10:30 Super Hero Side Kick Pet Parade - Dress your pet or stuffed animal as your family's super sidekick - Need Judges and Announcer

11:30 Guitar Workshop and Jam with Josh Lundy - Bring your instruments and make some beautiful music.

1:00 - 2:00pm Parade of Homes and Kid's Craft.

Adults and carried kids suggested on the Parade of Homes. Meet your guides Jen and Wade Smith at Rally Central.

Kids will be fine tuning their Super Hero Vehicles (bikes, scooters, empty boxes) for the upcoming Super Hero Parade with Yogi.

NEED One adult volunteer  
and two teen volunteers

2:30 Parade with Yogi using our super hero vehicles.

3:30 Healthy Happy Hour with Margie and Allen Lundy - Come learn how Allen & Margie Lundy lost almost 100 pounds in 4 months and how you can get healthy too.

And learn how they make a full time income simply by sharing about it on the road and how you can too.

Healthy snacks provided. Bring your own beverage for this fun, engaging and inspirational, Happy Hour!

5:00 Super Hero Pizza Party! Order your pizza at time of registration with Chris Gebbia.

After dinner it's time to reveal your superhero family alter egos!

It is suggested you come to this event in costume!

6:00 Super Hero Family Portraits - Group Photo

7 PM: The Superhero Dance Party! Super hero family Photo booth with Props

Alan or Jacob Hamilton will run the music

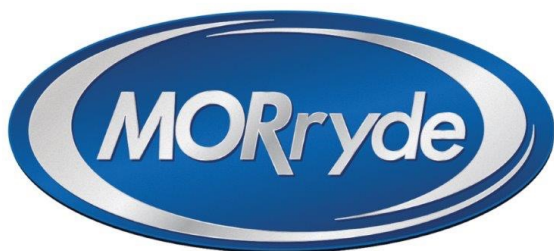
Tag your pics with #ftfsuperherorally and upload to Facebook / Instagram

**Day 4: Sunday the 26th**

9:30 the park does a pancake breakfast for \$5.50 or \$3.50

12:00: Adios amigos! It's time to go back to saving the world! See you on the next fly by!

This event is Sponsored by:



Above. Beyond. Always.



*Interested in sponsoring a Fulltime Families Event? email [kimberly@fulltimefamilies.com](mailto:kimberly@fulltimefamilies.com) for our menu of opportunities.*

## Please Visit our Preferred Vendors

Starvin Arvins  
1320 S Townsend Ave, Montrose, CO 81401

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***Bring this vendor list with you to receive a 10% discount and a FREE Cinnamon Roll***

The Stone House Restaurant  
1415 Hawk Pkwy, Montrose, CO 81401

The Star Drive-In Theater  
600 E Miami Rd, Montrose, CO 81401

Special Thanks to these FtF Members who supported this event!

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